

## Cathy Smith

# Family Resource Coordinator 519-660-6635 x231

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In 2008, Participation House Support Services created the "Family Resource Coordinator" position as a way to engage with and provide assistance to families in the community and to expand individualized support services – both recommendations from strategic planning processes. Three main ways this is accomplished:

#### I. Supporting families with individualized funding

Families receive individualized funding through the government or through private sources. It can be used to purchase "community-participation supports" as well as in and out-of-home respite (during the day or overnight). PHSS can provide direct support to families with individualized funding, either one time assistance to address a specific need or on-going:

- Create and circulate individualized job postings to family's specifications (days and hours of work, focus of work, requirements for the job etc...)
- Help with the interview and screening process
- Provide support to family-directed workers in the initial stages and on-going support to find meaningful community-based activities
- Provide mandatory training opportunities (First Aid/CPR, CPI)
- Create contracts between worker and family and/or family and agency to clarify roles and responsibilities
- Provide HR support
- Facilitate meetings (for example, person-directed planning meetings)

#### **II. Supporting family groups**

Most family groups do not have a paid position and therefore very little time and energy to coordinate meetings, write and distribute minutes, etc., so help is requested and provided in these areas.

### III. Providing support to families waiting for services

DSO holds the waiting list for all developmental services. CCAC holds the waitlist for our health-funded services. Families waiting still call looking for many types of assistance, which leads to:

- · providing information about PH and other community services
- Arranging for tours or visits
- helping with applications
- attending meetings with families
- helping to write letters
- · supporting advocacy efforts
- introducing families to each other
- facilitation and planning
- requesting flex funds and/or developing interim support plans
- problem-solving; providing options