

Who is FDA?

Parents, relatives, friends, and caregivers who want to improve the current and future quality of life of their adult children who are:

- Ⓞ Developmentally and/or physically challenged;
- Ⓞ Medically fragile and technology dependent (MFTD);
- Ⓞ Medically fragile with high complex care needs; or
- Ⓞ Diagnosed with multiple disabilities.

FDA families share common beliefs and goals, dreams and visions.

In 2017, FDA expanded in size to over thirty member families.

What is FDA?

Family-Directed Alternative Support Services (FDA) is a registered charitable organization with members who:

- Ⓞ Network with each other;
- Ⓞ Advocate with government agencies and MPPs; and
- Ⓞ Stay informed with guest speakers from the community.

What does FDA do?

FDA meets the second Thursday of each month from 7:00 pm to 8:30 pm from September through to November and January through to June.

FDA currently advocates on behalf of London families in need of residential, respite, and community integration funding for their disabled secondary students transitioning from children's to adult services or adult dependents who no longer qualify for educational supports.

Parents, friends or caregivers who are interested in joining FDA or need help with *navigating* the system are welcome to inquire about membership

Contact us at info@fdalondon.ca

For more information feel free to visit our website

www.fdalondon.ca

Mission Statement

We believe that all individuals have the right to a dignified and fulfilling life that includes trust, mutually-supporting relationships and a sense of community that honours and respects individual choices.



Family - Directed Alternative
Support Services

About Family-Directed Alternative Support Services

Family-Directed Alternative Support Services (FDA) was founded and incorporated as a registered charitable organization in 1993 by a dedicated group of thirteen families. These families wanted to improve the current and future quality of life for their adolescent and/or adult children with severe disabilities.

The long-term plan for FDA families was to build an organization that could promote secure, fulfilling lives for their children by creating family supports and continuous avenues of access to programs and services, and to develop mutually enjoyable community experiences.

FDA are the proud founders of **Project Hope (Help with Opportunities for Participation & Enrichment)**. Project Hope is a permanent, full-day, flexible program created for young adults living at home, who have recently graduated from high school, or because of their complex/high medical needs are unable to access existing community programs, supports or services.

FDA has recently submitted funding proposals to the Southwest Local Health Integration Network (SwLHIN) and to the Ministry of Community and Social Services on behalf of families needing supports and services.

Meet Our Members

Our active members come from all walks of life and all professions with many talents that they willingly share with others.

Through teamwork and perseverance some of our families have successfully transitioned their dependent adults into a community residential placement. These parents maintain a decision-making role as their child gains independence within a supported environment.

More importantly, these parents have remained members of FDA and continue to share their knowledge, experience, and abilities with others.

FDA members keep up to date on the programs, services and/or incentives that become available. As well, members help each other to complete forms, write letters and apply for grants.

For more information feel free to visit our website: www.fdalondon.ca

Goals & Principals

- ☉ Decisions affecting the supported individual shall respect, support and be based on that person's wishes
- ☉ Decisions involving resources will reflect the belief that building individual supports will take priority over building levels of administration
- ☉ Opportunities should be provided so that each individual is able to participate fully as an equal member of the community
- ☉ Community inclusion should provide activities that foster the personal well being of the individual and their family and friends
- ☉ That there is an opportunity, regardless of age to experience ongoing productive days that develop personal growth
- ☉ Accountability both internal and external ways of measuring the quality of service and supports

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FDA actively advocates on behalf of developmentally and/or physically disabled adolescents and/or adults and their families.